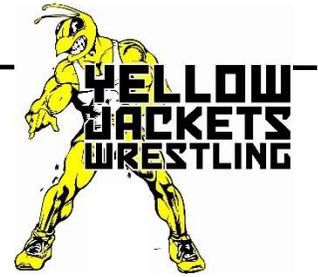


Yellow Jacket Jr. Wrestling Code of Conduct



Wrestlers Code:

1. This is a close contact sport; therefore viruses of any kind are easy to spread. If I am sick or have any type of skin lesion, I will stay home. We don't want all of our wrestlers getting sick.
2. I will keep my nails cut
3. I will arrive at practices and matches at the scheduled time.
4. I will bring proper equipment to each practice and match (wrestling shoes, head gear, etc.)
5. RESPECT – treat teammates and coaches with respect.
6. Tell a coach if you will be missing a match or practice.
7. Have good sportsmanship whether you are winning or losing.
8. If you are JV or Varsity you are to remain in the chairs along the mat until the entire team has wrestled. Cheer each other on!!
9. Absolutely no horse play will be allowed on the Yellow Jacket Wrestling team.
10. We are a team sport. I will always portray good sportsmanship.
11. I will pay attention at practices. I agree to follow coach's instructions and understand that there is no talking when the coach is speaking.
12. I understand that I must be at two practices a week to be eligible to wrestle as either JV or Varsity for the dual meet for that particular week
13. I understand that if I have a problem or disagreement with a team member, I am to go to the coach immediately for resolution. Fighting or making fun of a team member will not be tolerated.
14. I understand that appropriate discipline for my behavior will be enforced at the coaches' discretion. If the behavior continues, I will be dismissed from practice. I understand that I am not to run, hit, climb on walls, or bleachers, go under the bleachers or leave the assigned sitting area during tournaments unless it is with an adult.
15. Work hard and Have fun!

Parents Code:

1. I will restrain myself at all practices and tournaments from openly criticizing the coaches and referees when I on't agree with their decisions or calls. I will always portray good sportsmanship.
2. I will obey all school rooms at matches, including no tolerance of alcohol or tobacco on school grounds. I will park in designated areas only.
3. I will not drop my wrestler off without prior contact with a coach or the director. I will never drop off a child that is not properly registered as a Yellow Jacket participant.
4. I will make sure that my wrestler's nails are trimmed and will not take them to practice if they are sick or have a skin lesion.
5. I will encourage my wrestler to support his/her teammates by cheering them on.
6. If my child is JV or Varsity, I will not leave the match until the entire team is finished. I understand the wrestlers are to remain seated in the chairs along the mat, not in the bleachers with parents.

Signatures

We _____ & _____ understand and agree to follow
wrestler parent
the above rules and coaches directions.

Wrestler's signature _____ Date _____

Parent's signature _____ Date _____